

### Abstract of the Disclosure

A saddle for pedal-powered devices, especially bicycles, with two spaced apart seat halves (1) each of which supports one half of the buttocks and has a cup joint arrangement on its bottom. The cup joint arrangement (5) has an essentially hollow spherical socket (6) and a cup element (7) which can be moved in it. A support rod (11) has two supports (10) each of which is attached to a respective cup element (7) for connecting the saddle to a saddle support (13) by the support rod (11). The cup joint arrangements (5) each have a device for limiting the range of motion of the cup element (7) in the socket (6). The cup joint axes around which the cup elements (7) can be moved in their respective socket (6), are each outwardly inclined. Thus, a solid seat on the saddle and ergonomic pedaling are enabled.